**Appendix**

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| --- | --- | --- |
| Birth control method\* | Failure rate | Chance of unplanned pregnancy in 10 yrs. with typical use4 |
| Oral contraceptives | 8%2 | 61% |
| Hormonal patch | 8%2 | 61% |
| Vaginal ring | 8%2 | 61% |
| Tubal ligation | 0.5%2 | 5% |
| Male sterilization | 0.15%2 | 2% |
| Progestin-only pills | 8%2 | - |
| IUD | 1.8%2 | 8% |
| Condom (male) | 15%3 | 86% |
| Condom (female) | 21%3 | 91% |
| Cervical cap | 32%3 | - |
| Hormonal injection | 0.05% to 3%2 | 1% |
| Contraceptive sponge | 16% to 32%2 | 72% to 94% |
| Diaphragm | 16%3 | 72% |
| Spermicide only | 29%2 | 96% |

\*These methods provide limited or no protection against STD’s. Many are abortifacients.

1. Kahlenborn C, Modugno F, Potter D, Severs W. Oral contraceptive use as a risk factor for premenopausal breast cancer: A metanalysis. Mayo Clinic Proceedings 2006. 81(10):1290-1302.

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3Consumer Reports, Condoms and Contraception, February 2005.

4Gregor Aisch and Bill Marsh. How Likely Is It That Birth Control Could Let You Down? New York Times. September 13, 2014.